



# Newsletter

21 February, 2025

Term 1, Issue 02



Government of South Australia  
Department for Education

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In support of  
**White Ribbon**



## Welcome to 2025

Our uniform consist of a navy jumper, navy and teal or navy polo shirt, navy pants/ shorts/skirt and a navy and white check summer dress.

Sneakers, shoes and sandals are appropriate footwear. Slip on shoes, thongs or shoes with high heels are not acceptable as they can cause a safety issue to students.



## COMING EVENTS

**03-04 March (W6)**  
34 Karnkendi Camp

**07 March**  
SAPSASA Swimming

**10 March Monday (W7)**  
Adelaide Cup Public Holiday

**12, 13, 14 & 17, 18, 19 March**  
NAPLAN

**14 March Friday**  
Assembly 2.30

**17 March Monday (8)**  
Governing Council AGM .30

**21 March Friday**  
Harmony Day

**21 March Friday**  
SAPSASA Athletics

**24 March Monday (9)**  
Choir excursion 12:00-14:15

**03 April Thursday (W10)**  
GRIP leaders to SRHT

**04 April Friday**  
Assembly 2:40

### Student use of personal devices at school:

All students are required to keep their personal devices 'off and away' between the start and end of each school day and while they are attending authorised school activities off-site, such as camps and excursions. Students may only access their personal devices during these times if they have received an approved [exemption](#) from their school to use the device for a specific, agreed reason. Access refers to both physical access, including wearing any wearable technology that fits the definition of personal devices in this policy, and remote access, such as connecting other technology to the personal device's hotspot or using headphones that are paired to the personal device.

### Bike Riders

When students ride their bikes/scooters to school on a school day they will need to take their bike/scooter straight to the bike shed which will be open from 8.00am each morning and then locked at 8.45am when the bell goes. Students are to push their bike/scooter when on school grounds to and from the bike shed.

Mission: **Together we learn.**

Our children are competent, powerful and rich in potential. We invite children into an inclusive learning community to grow academically, physically, socially and emotionally. We walk alongside families to nurture every child's development in becoming active informed citizens.

Vision: **Nurturing lifelong learners.**

Values: **Be kind. Work hard. Dream big.**

*Erica Hurley*

The Melaleuca Park Primary School community acknowledges the Boandik people as the traditional custodians of the land that we live, work, learn and play on.

## Excellence Awards

### Elijah Dunn

Elijah, you have had a great start to the year in Room 1. We love seeing you come to school every day and joining in with all our learning activities. You have done an amazing job of helping the new children in our class.

### Charles Cruz

For a fantastic start to the school year. You are a happy and kind member of our class, and I love watching your confidence develop within the classroom. Keep up the great work!

### Levi Ellis

For an outstanding start to the term. Levi has come to school with a positive growth mind set and is striving to achieve his best. He is a wonderful role model in our class and a great helper to his peers.

### Charlie Lidster Price

For reading her reader at home with her family and trying really hard in literacy lessons so far. We love that you are so confident and willing to have a go at writing this year.

### Cruz Lawn

For taking ownership of his efforts to improve his Literacy skills.

### Zaya Lavia

For showing great effort and trying her best in all learning areas whilst always being kind and considerate of others.

### Kiesha Latham-Sailor

Your classmates have noticed that you are kind, friendly, smart and respectful everyday.

\*\*Voted by learners in the class

### Peyton Lavia

Your classmates voted for you to receive this award because they see you as a great listener who listens during every lesson.

\*\*Voted by learners in the class

### Logan Redden

For working hard and displaying great effort in your learning and behaviour. You were brave on camp.

### Jenny Tun

For being kind and working hard in class and on camp.

### Chase Gregory

For exceptional manners whilst on camp. You demonstrated our school values everywhere we went and represented our school well. Cannot wait to see where this year takes you.

### Evie Denham

Evie, you have taken to your leadership role at school with flying colours. You were helpful on camp sharing your prior knowledge of how things were done before and taking things in your stride when they changed. Keep up the great work.

# Welcome to The Resilience Project

## PARENTS & CARERS

This year, we are excited to bring The Resilience Project (TRP) into our school community!

### WHY?

Current research tells us...

Why mental health matters

THE RESILIENCE PROJECT



One in four Australian adolescents will experience mental health problems this year

Nearly two thirds of them will not seek help.



One in seven primary school students are also likely to experience mental health problems this year.

Source: National Survey of Mental Health and Wellbeing, Australian Institute of Health and Welfare, Australia's Youth: Mental Illness

### EVIDENCE-BASED

The Resilience Project's School Partnership Program has been independently evaluated by both The [University of Adelaide](#) and The [University of Melbourne](#). Click the links or scan the QR

code to find out more about the impact the program has on **emotional wellbeing** and **behavioral changes**.



**The Resilience Project** is committed to **teaching positive mental health strategies** to prevent mental ill-health and build young people's capacity to deal with adversity.

We will be implementing their evidence-based **Teaching and Learning Program** throughout our classrooms, staffroom and school community.

Teachers and students will engage in weekly lessons and activities around the key principles of **Gratitude, Empathy, Mindfulness (GEM)** and **Emotional Literacy** to build resilience.

### ABOUT THE PROGRAM

### WHAT CAN BE DONE AT HOME?



To learn more about The Resilience Project and get involved from home, you can start exploring the ideas, activities and resources which bring **Gratitude, Empathy and Mindfulness (GEM)** to life on [TRP@HOME](#).

**The Imperfects** podcast, led by Hugh van Cuylenburg, Ryan Shelton and Josh van Cuylenburg, is all about how perfectly imperfect we all are. Hugh, Josh and Ryan chat to a variety of interesting people who bravely share their struggles and imperfections, and we all learn some valuable take-aways we can apply to our own imperfect lives.

